

# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>Harrow Association of Somali Voluntary Organisations</b>	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? <b>Harrow</b>	
Contact person: <b>Mr Cabdulqadir Mohamed Afey</b>	Position: <b>Chair</b>
Website:	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1129442</b>
When was your organisation established? <b>21/07/2006</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Older Londoners</b>
Which of the programme outcome(s) does your application aim to achieve? <b>Older Londoners aged 75 years and over living more active and healthier lives Older Londoners having increased awareness of benefits, finance, housing and other rights</b>
Please describe the purpose of your funding request in one sentence. <b>To provide home outreach, social activities and advocacy support for elders of Somali and Arabic descent living in Harrow</b>
When will the funding be required? <b>01/10/2015</b>
How much funding are you requesting? Year 1: <b>£26,316</b> Year 2: <b>£26,395</b> Year 3: <b>£26,791</b>  <b>Total: £79,502</b>

**Aims of your organisation:**

The aim of HASVO is to promote any charitable purpose through advice and advocacy; networking with local groups and partners and provision of relevant information for the BME groups in Harrow. Our objectives are to increase cohesion and to help enable clients with difficulties to enjoy live better with in their means, promote healthy living and prevent substance misuse, improve disadvantaged people's quality of life through advice & advocacy, increase youth achievement, and support training and employment.

**Main activities of your organisation:**

HASVO supports Somali and Arabic Refugees in Harrow through its drop-in sessions and outreach work. We have a membership of 700 individuals and 8 groups. We offer free advice, advocacy, organise training courses and education support, assist people into employment, train community members as volunteers, organise sport activities, promote healthy living, and raise awareness of substance misuse.

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>1</b>	<b>2</b>	<b>5</b>	<b>7</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Leased</b>	<b>9 years</b>

## **Summary of grant request**

### **THE NEED FOR THE PROJECT**

In 2014 we surveyed 65 older residents aged 75 years plus from this group in order to examine their needs. The survey found that:

- Many are living in poverty. They often fled from Somalia with nothing, and as older people have not worked since in the UK.
- Many are have mental health problems such as depression.
- Many are living in loneliness due to language barriers in particular.
- They are living in a society with a different culture that they are unfamiliar with.
- The above barriers mean that many find it difficult to access statutory services or other groups.

### **HOW THE WORK WILL BE DELIVERED**

The aim of this project is to empower and improve the quality of life of older people (75 years old plus) of Somali and Arabic living origin in Harrow. To achieve this we will recruit a part-time (25 hours per week) Elderly Link Worker. We hope to start this three year project in October 2015, and it would be based at our offices in South Harrow. The activities carried out include:

- An advocacy and advice service. The Elderly Link Worker will link older people to services they need such as registering with GP's, accessing other physical and mental health services, housing, debt advice, legal issues, paying utilities bills and many others.
- A weekly half-day group meeting with 50 older people each year at our premises in South Harrow. This will be a mental wellbeing group which aims to reduce depression and isolation through organising a variety of activities for attendees. The group will be user-led with clients choosing the activities they wish to undertake.
- Provision of outreach services. We are planning to send trained volunteers to carry out home visits once a week to older clients. The activities carried out by volunteers will include keeping them company, providing basic guidance with any issues affecting them, and also simple practical help such as reading and writing letters for example.

### **WHAT THE PROJECT WILL ACHIEVE**

This project will make a significant difference to the lives of the Somali and Arabic elders living in Harrow. They will be less lonely and isolated as they will be able to make friends and take part in activities with people who speak the same language. Their quality of life will improve as they will be helped to access agencies that can support their health and housing needs for example. Their mental health and wellbeing will also improve as a result of this work.

### **WHY WE ARE THE RIGHT ORGANISATION**

HASVO is well placed to deliver this work in the borough as the organization has a track record of delivering services for the Somali and Arabic community for more than 10 years. We have delivered many of the services before for younger people including outreach and advocacy, and have helped individual older people from the community previously.

### **MEETING THE TRUST'S PROGRAMME OUTCOME**

- More older Londoners aged over 75 years living more active and healthier lives
- Fewer older Londoners aged over 75 years with depression and more reporting improved well-being
- More older Londoners having increased awareness of benefits, finance, housing and other rights

#### MEETING THE TRUST'S PRINCIPLES OF GOOD PRACTICE

- Beneficiary representatives will help manage the project by sitting on the partnership board. Tutors will also routinely consult them in the ESOL sessions.
- We have a strong equal opportunities policy and practices.
- We value and support volunteers as described above.
- We reduce our carbon footprint as described above.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

**We are Matrix accredited for our Advocacy Service**

#### Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**12 hours advocacy support each week to elders of Somali and Arabic descent living in Harrow**

**Weekly social group for to elders of Somali and Arabic descent living in Harrow**

**25 elders of Somali and Arabic descent living in Harrow receive 46 home visit support sessions each year**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

**200 isolated older Somali and Arabic people will have improved mental health and wellbeing due to being less isolated.**

**200 isolated older Somali and Arabic people will have improved confidence and independence.**

**200 isolated older Somali and Arabic people will report that they are more active as a result of taking part in project activities.**

**200 isolated older Somali and Arabic people will have improved access to services through advice and advocacy support.**

**200 isolated older Somali and Arabic people will have increased awareness of benefits, finance, housing and other rights.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**Yes, we will explore/develop methods of finding resources for the continuation of the service. These may include own contributions from family and community members using the service. We may also approach other partners and funding**

## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**100**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Harrow (100%)**

What age group(s) will benefit?

**75 and over**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background) Other ethnic group (including Arab)**

If Other ethnic group, please give details: **Arab i.e. Kuwaiti**

What proportion of the beneficiaries will be disabled people?

**1-10%**

## Funding required for the project

**What is the total cost of the proposed activity/project?**

Expenditure heading		Year 1	Year 2	Year 3	Total
Elderly Link Worker Salary	17,706	18,060	18,421	54,187	
Staff recruitment	300	0	0	300	
Volunteer costs	4,800	4,800	4,800	14,400	
Audit and accountancy	350	370	400	1,120	
Venue hire and refreshments	3,000	3,000	3,000	9,000	
Insurance	160	165	170	495	
	0	0	0	0	
	0	0	0	0	
	0	0	0	0	

<b>TOTAL:</b>		<b>26,316</b>	<b>26,395</b>	<b>26,791</b>	<b>79,502</b>
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**What income has already been raised?**

Source		Year 1	Year 2	Year 3	Total
	0	0	0	0	
	0	0	0	0	
	0	0	0	0	
	0	0	0	0	

<b>TOTAL:</b>		<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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**What other funders are currently considering the proposal?**

Source		Year 1	Year 2	Year 3	Total
	0	0	0	0	
	0	0	0	0	
	0	0	0	0	
	0	0	0	0	

<b>TOTAL:</b>		<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
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**How much is requested from the Trust?**

Expenditure heading		Year 1	Year 2	Year 3	Total
Elderly Link Worker Salary	17,706	18,060	18,421	54,187	
Recruitment	300	0	0	300	
Volunteer costs	4,800	4,800	4,800	14,400	
Audit	350	370	400	1,120	
Venue hire and refreshments	3,000	3,000	3,000	9,000	

Insurance	160	165	170	495
	0	0	0	0
	0	0	0	0
	0	0	0	0

<b>TOTAL:</b>		<b>26,316</b>	<b>26,395</b>	<b>26,791</b>	<b>79,502</b>
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## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	47,706
Activities for generating funds	0
Investment income	0
Income from charitable activities	0
Other sources	0
<b>Total Income:</b>	<b>47,706</b>

Expenditure:	£
Charitable activities	39,958
Governance costs	
Cost of generating funds	0
Other	20,466
<b>Total Expenditure:</b>	<b>60,424</b>
<b>Net (deficit)/surplus:</b>	<b>(12,791)</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>(12,791)</b>

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	43,456
Long-term liabilities	
<b>*Total Assets (A):</b>	<b>43,456</b>

Reserves at year end	£
Endowment funds	
Restricted funds	43,456
Unrestricted funds	0
<b>*Total Reserves (B):</b>	<b>43,456</b>

\* Please note that total Assets (A) and Total Reserves (B) should be the same.

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
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### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:
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### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	5,000	5,000	20,000
Health Authorities	20,409	37,476	20,409
Central Government departments	0	0	0
Other statutory bodies	0	9,600	19,500

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
John Lyons Charity	0	13,500	0
Lloyds Bank Foundation	0	9,500	0
Trust for London	7,000	0	15,879
BBC Children in Need	2,165	1,203	0
	0	0	0

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Cabdulqadir Mohamed Afey**

Role within                      **Chair**  
Organisation: